

Welcome!



Agenda

Icebreaker

Feedback mentees

Possible topics to discuss

Brainstorm session

Networking

Mentoring



Connect



Do it yourself



Set goals together



Former mentees' tips



ask questions
be vulnerable
open mindset
open communication
personal contact
be prepared
go to adm events
use mentor's network

share experience
set a timing
meet regularly

Former mentees experience

- ✓ Determine your approach together
 - ✓ set goals
 - ✓ find current and relevant topics to discuss
 - ✓ ad hoc situations & actions within work environment (learning from practice)
- ✓ Prepare what you want to discuss
 - ✓ Choose focus points: develop key skills & competences
 - ✓ Learn from the career of your mentor
 - ✓ Discuss strategic opportunities you might not see yourself
 - ✓ Broaden your mind with an external open view
- ✓ Find a timing/activities that's fits both of you
- ✓ Embrace the sounding board or critical eye



Current mentees



- ✓ 1 to 1's & group sessions
- ✓ Outside in view on challenges
- ✓ Tips on how to approach things
- ✓ ADM's network events
- ✓ Matching process
- ✓ Connection with mentor
- ✓ Focus on output > frequency



- ✓ Guidance on the road to follow
- ✓ Overall topics to discuss
- ✓ How to do reversed mentoring?
- ✓ How to put tips into practice?
- ✓ What's next?
 - ✓ Follow up
 - ✓ Evaluation
 - ✓ Networking

Possible topics

personal and professional development

- How to be a manager
- How to present to senior leadership
- How to balance work and life
- How to set priorities & personal goals
- How to find your leadership style
- How to boost my self confidence
- How to develop specific skills:
 - Stress management
 - putting things into perspective
 - being flexible in an ever changing context



Brainstorm

Groups: max 7 people

Mix mentees, mentors, new mentors

No matches in the same group

Q1: give 5 golden, practical ideas for
mentors

How to set up your mentee for success?

Q2: give 5 golden, practical ideas for
mentees

How can you get the most out of this
journey as a mentee?

Good luck

